



## Lakeshore Trail

### Lakeshore Trail (Lake O'Hara Circuit or Adeline Link Circuit)

**Hiking time:** 1 to 1.5 hours

**Length:** 3 km loop

**Elevation Gain:** Negligible

This short and relatively easy trail samples the splendor of the Lake O'Hara area. The Lake O'Hara Circuit – affectionately known as the “Lakeshore Trail” – is perfect for those short on time or energy. The trail is particularly popular among hikers looking to fill free time before the bus departs, or in the evenings, as the alpenglow washes across the surrounding peaks. It is also a great way to set your bearings, as many other trails in the area are accessed from the Lakeshore Trail.

The Trail starts at the Warden's Cabin (across from the Day Shelter), and can be hiked in either direction. The halfway point is the bridge at the far end of the lake, which crossed the stream issuing from Seven Veils Falls.